

### **NIHS Residency TRAINING PROGRAM**

**Program: General Surgery Specialty** 

### **Comprehensive Clinical Examination (CCE)**

### I. Definition of Comprehensive Clinical Examination (CCE)

CCE is a form of performance-based testing of higher levels of cognition to ensure that the candidate has clinical competence to practice independently as a specialist or consultant. During a CCE, candidates are observed and evaluated through a series of stations in which the stations reflect real-life situations and allow the candidate to explain the rationale behind their thinking. Each station tests one or more clinical competency domains.

### II. Comprehensive Clinical Examination (CCE) Exam Format

- 1. Number of Stations = 8 12
- 2. Duration per station = 10 12

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- 3. Duration of the break between the two consecutive stations = 3
- 4. Examiners per Station =2

| Number<br>of Stations | Duration of the station  | Types of stations  | Orientation and calibration   |
|-----------------------|--|--|---|
| 8-12<br>Stations      | Each station could last between  10 –12 minutes long. There should be 3 minutes before each station. | Multiple clinical/practical skill domains can be covered in a CCE station  Eg. History & physical examination of a real or simulated patient, performance of procedures, interpretation of results, analysis and reasoning, Decision-making or communication and professionalism | On Examination day  30 minutes Examiner/Examinee orientation  &  1 hour calibration |





# III. Clinical/Practical Skill Domains

| Proposed Domains for NIHS   | DEFINITIONS   |  |
|---|---|--|
| Data gathering /<br>History taking  | Asks key relevant questions. Sensitively gathers appropriate information. Explores main problems/concerns of patient/parent/career in structured manner.  |  |
| Physical Examination and practical skills   | Demonstrate correct, thorough, systematic, appropriate, fluent, and professional technique of physical examination.  Demonstrate proficiency in performing practical and procedural skills at the level of a specialist.  |  |
| Data interpretation   | Correctly interpret the History findings, Physical examination and Investigation results.   |  |
| Clinical reasoning and analytical skills (Differential Diagnosis & Provisional Diagnosis) | Formulate & propose likely appropriate differential diagnosis Understand the implications of findings. Able to suggest appropriate steps if the physical examination was inconclusive.  |  |
| Decision-making & Management  | Select or negotiate a sensible and appropriate management plan for a patient, relative or clinical situation. Select appropriate investigations or treatments for a patient. Apply clinical knowledge, including knowledge of law and ethics, to the case.  |  |
| Communication & Professionalism   | Appropriate level of confidence; greeting and introduction; appropriate body language Develops appropriate rapport with patient/parent/carer or colleague. Appropriate tone & pace of speech  Behave towards the patient or relative, respectfully and sensitively and in a manner that ensures their comfort (eg. avoid causing pain), safety (eg. washing hands) and dignity (eg. covering patient).  Seek, detect, acknowledge and address patients' or relatives' concerns.  Demonstrate empathy. |  |

# **IV.** Blueprint Outline

- This will be published on the NIHS website for the candidates.
- This will act as a guideline for Examination Sub-committee for exam design.
- This will be fixed for the next 4 academic years







| Principles of Surgery:   |
|--|
| Fluid and Electrolytes   |
| Shock, Haemostasis and Transfusion                                 |
| Surgical Infection and Antibiotics                                 |
| Trauma and Critical Care   |
| Surgical Complication  |
| Pre-operative Assessment, Anaesthesia and Pain                     |
| Management   |
| Transplant   |
| Clinical Surgery:  |
| The Breast and Endocrine   |
| Hernias, Abdominal Wall and Soft Tissue Tumours                    |
| Upper GIT (Oesophagus, Stomach, Small Intestine)                   |
| Lower GIT (Appendix, Colon, Rectum and Anus)                       |
| Gastrointestinal Bleeding  |
| Hepatobiliary (Liver Pancreas and Spleen)                          |
| Acute Abdomen  |
| Surgical Management of Obesity                                     |
| Subspecialty (Vascular- Paediatric- Plastic- Lung and Mediastinum) |

# V. Passing Score

- Each station shall be assigned a minimum performance level (MPL) based on the expected performance of a minimally competent candidate using a sound scientific standard-setting method such as regression analysis.
- To pass the examination, a candidate must attain a score equal to or more than the MPL in at least 70% of the number of stations.

## VI. Time Management

- The examiner is aware of how much material needs to be covered per station, and it is their responsibility to manage the time accordingly.
- The examiner will want to give you every opportunity to address all the questions within the station.
- They may indicate that "in the interests of time, you will need to move to the next question." This type







of comment has no bearing on ensure that you complete the station.

your performance. It is simply an effort to

- If you are unclear about something during the station, ask the examiner to clarify.
- Some stations may finish early if this occurs, the examiner will end the encounter.

#### VII. Examiner Professionalism

- The examiners have been instructed to interact with you professionally don't be put
- off if they are not as warm and friendly towards you as usual.
- We recognize this is a stressful situation, and the examiner is aware that you are nervous. If you need
  a moment to collect your thoughts before responding, indicate this to the examiner.
- The nomination of examiners is based on the principle that candidates are assessed by qualified examiners selected and appointed by NIHS. The examiner is not obligated by any means to share their personal information or professional details with the candidate.

#### VIII. Conflict of Interest

- The examiners come from across the country. You will likely recognize some of them and may have worked with some of them in your center's clinical/academic capacity. This is completely acceptable to the NIHS and is not a conflict unless if the examiner had a substantial contribution to your training or evaluation, or if you have another personal relationship with the examiner.
- Identify the conflict at the moment of introduction; examiners have been instructed to do the same.
   Examiners will alert the NIHS staff every attempt will be made to find a suitable replacement for the station.

#### IX. Confidentiality

- Electronic devices are NOT permitted.
- Communication with other candidates during the evaluation is prohibited.

#### X. Textbooks

Sabiston Textbook of Surgery, 20th Edition, 2016. Courtney Townsend et al.

Schwartz's Principles of Surgery, Tenth Edition, 2014. F. Charles Brunicardi et al.

Current Surgical Therapy, 12th Edition, 2017, John L. Cameron and Andrew M Cameron.

Greenfield's Surgery Scientific Principles and Practice, 5th Edition, 2011. Michael W. Mulholland et al.

Fischer's Mastery of Surgery, 6th Edition .2011, Josef E. Fischer.

Professionalism and Ethics, Handbook for Residents, Practical guide, Prof.

James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaiath MA Hussein, Prof. Omar Hasan Kasule, SCFHS, Latest Edition.

Essentials of Patient Safety, SCHS, Latest Edition.

