



## **NIHS RESIDENCY TRAINING PROGRAM**

### **Adult Gastroenterology**

### **Final Written Examination**

#### **Examination Format:**

National Institute for Health Specialties NIHS (Emirate Board) final specialty written examination shall consist of one paper with 80-120 Single Best Answer MCQs. Up to 10 % unscored items can be added for pretesting purposes.

#### **Passing Score:**

The pass mark in the Final Written Examination will be determined according to the scientific standards and based on reliable practices in assessment.





### **Suggested References:**

SLEISENGER AND FORDTRANIS GASTROINTESTINAL AND LIVER DISEASES – 2  
VOLUME SET, 10TH EDITION  
AUTHORS: M. FELDMAN 4 L. FRIEDMAN.

### **Note:**

This list is intended for use as a study aid only. NIHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.





### Blueprint Outlines:

No.	Sections	Percentage
1	Liver Related Diseases	28%
2	Colon Related Diseases	15%
3	Stomach and Duodenum Diseases	15%
4	Pancreaticobiliary diseases	14%
5	Small Bowel Diseases	14%
6	Oesophageal Diseases	14%
<b>Total</b>		<b>100%</b>

### Notes:

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the website for the most up-to-date information.
- Research, Ethics, Professionalism, and Patient Safety are incorporated within various domains.





## Example Questions

### EXAMPLE OF K2 QUESTIONS

#### Question 1

A 52-year-old woman, with no family history of Colon Cancer had a screening colonoscopy which revealed an 11 mm pedunculated polyp removed with a snare. Pathology revealed focal high-grade dysplasia with clear margins.

After which of the following is a colonoscopy repeated for surveillance?

- A. 1 year
- B. 5 years
- C. 3 years
- D. 6 months

### EXAMPLE OF K1

#### Question 2

Which of the following biomarkers can be used to assess the activity of Inflammatory Bowel Disease (IBD)?

- A. CRP / ESR
- B. Lactoferrin
- C. Calprotectin
- D. Platelet count

