



NIHS RESIDENCY TRAINING PROGRAM

Dermatology

Final Written Examination

Examination Format:

National Institute for Health Specialties NIHS (Emirate Board) final specialty written examination shall consist of two papers each with 100-125 Single Best Answer MCQs. Up to 10 % unscored items can be added for pretesting purposes.

Passing Score:

The pass mark in the Final Written Examination will be determined according to the scientific standards and based on reliable practices in assessment.





Suggested References:

Textbooks:

1. Rook's Text Book of Dermatology, 9th edition
2. Fitzpatrick's Dermatology in General Medicine, 9th edition
3. Dermatology: (Jean L. Bolognia MD, Joseph L. Jorizzo MD, and Ronald P. Rapini), 3rd edition
4. Lever's Histopathology of Skin, 11th edition
5. Weedon's Skin Pathology, 4th edition
6. Comprehensive Dermatologic Drug Therapy by Stephen E. Wolverton, 3rd edition
7. Treatment of Skin Diseases by Mark Lebwohl, 4th edition
8. Dermatologic Surgery: Requisites in Dermatology by Allison T. Vidimos, Christie T.
9. Surgery of Skin: Procedural Dermatology by J K Robinson, 3rd edition
10. Pediatric Dermatology: Requisites in Dermatology by Howard B. Pride MD, Albert C. Yan, and Andrea L. Zaenglein
11. Neonatal Dermatology by Lawrence F. Eichenfield MD, Ilona J. Frieden MD, and Nancy B. Esterly MD
12. Genodermatoses: A Clinical Guide to Genetic Skin Disorders by Joel L Spitz
13. Hurwitz Clinical Pediatric Dermatology, 4th edition

Journals:

1. JAMA Dermatology
2. British journal of Dermatology
3. Journal of the American Academy of Dermatology
4. International Journal of Dermatology
5. Pediatric dermatology
6. Dermatological therapy
7. UpToDate

Others journals related to dermatology:

1. Professionalism and Ethics, Handbook for Residents, Practical guide, Prof. James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaiath MA Hussein, Prof. Omar Hasan Kasule, SCFHS, Latest Edition
2. Essentials of Patient Safety, SCHS, Latest Edition





Note:

This list is intended for use as a study aid only. NIHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.

Blueprint Outlines:

No.	Sections	Percentage
1	Inflammatory diseases based on T-cell reactivity and dysregulation (eczematous, lichenoid and papulosquamous and T –cell mediated neoplasms)	10%
2	Inflammatory diseases based on neutrophils and eosinophils and abnormal humoral reactivity (urticaria, erythema, allergy)	10%
3	Vesiculobullous	5%
4	Neoplasms	10%
5	Rheumatologic diseases, erythema, disorders of dermal connective tissues and subcutaneous tissue	10%
6	Genodermatosis and pediatric dermatology	10%
7	Pigmentary disorders, Adnexal diseases and disorders due to physical agents	10%
8	Hair, nail and mucosal disorders	5%
9	Metabolic and systemic diseases	5%
10	Infectious diseases	10%
11	Disorders of Langerhans cells and macrophages and vascular disorders	5%
12	Procedural dermatology	10%
Total		100%

Notes:

- Blueprint distributions of the examination may differ up to +/-5% in each category.





- Percentages and content are subject to change at any time. See the website for the most up-to-date information.
- Research, Ethics, Professionalism, and Patient Safety are incorporated within various domains.

Example Questions

EXAMPLE OF K2 QUESTIONS

Question 1

An 18-year-old man presents to the Dermatology Clinic with a non-tender penile erosion that has been present for two weeks. An indurated border and non-tender bilateral inguinal lymphadenopathy are also confirmed.

Which of the following is the most likely diagnosis?

- A. HIV
- B. Chancroid
- C. Herpes simplex
- D. Primary syphilis

EXAMPLE OF K1

Question 2

Which of the following causes oral hairy leukoplakia?

- A. Cytomegalovirus
- B. Epstein-Barr virus
- C. Varicella zoster virus
- D. Herpes simplex virus type 1

