



NIHS RESIDENCY TRAINING PROGRAM

Ophthalmology

Final Written Examination

Examination Format:

National Institute for Health Specialties NIHS (Emirate Board) final specialty written examination shall consist of two papers each with 100-125 Single Best Answer MCQs. Up to 10 % unscored items can be added for pretesting purposes.

Passing Score:

The pass mark in the Final Written Examination will be determined according to the scientific standards and based on reliable practices in assessment.





Suggested References:

1. American Academy of Ophthalmology (AAO) Basic and Clinical Science Course (BCSC) Sections 1-14; 2017-2018.
2. Jack Kanski, Brad Bowling. Kanski's Clinical Ophthalmology: A Systematic Approach. 8th edition Saunders Elsevier's Health Sciences. ISBN 978-0-70205572-0.
3. Myron Yanoff, Jay Duker (2018) Ophthalmology, 5th edition. Elsevier.
4. Kenneth Wright, Peter Spiegel (2003). Pediatric ophthalmology and strabismus. Springer-Verlag New York.
5. Professionalism and Ethics, Handbook for Residents, Practical guide, Prof. James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaiath MA Hussein, Prof. Omar Hasan Kasule, SCFHS, Latest Edition.
6. Essentials of Patient Safety, SCHS, Latest Edition.

Note:

This list is intended for use as a study aid only. NIHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.





Blueprint Outlines:

No.	Sections	Percentage
1	Anterior segment (including Lens, Cornea, External eye, Optics, Refraction and Refractive surgery)	25%
2	Glaucoma	12%
3	Retina	15%
4	Pediatric Ophthalmology	15%
5	Oculoplastic	15%
6	Neuro-ophthalmology	10%
7	Uveitis	8%
Total		100%

Notes:

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the website for the most up-to-date information.
- Research, Ethics, Professionalism, and Patient Safety are incorporated within various domains.





Example Questions

EXAMPLE OF K2 QUESTIONS

Question 1

A 78-year-old man with ischemic heart disease and hypertension presented to the outpatient clinic concerned about an attack of painless loss of vision in his left eye for a 10-minutes duration. He describes the episode as a “gray window shade” being pulled down and then released.

Which is the most likely cause?

- A. Migraine
- B. Uhthoff phenomenon
- C. Retinal artery embolus
- D. Vertebro-basilar circulation insufficiency

