



NIHS RESIDENCY TRAINING PROGRAM

Otorhinolaryngology Head and Neck Surgery

Final Written Examination

Examination Format:

National Institute for Health Specialties NIHS (Emirate Board) final specialty written examination shall consist of two papers each with 100-125 Single Best Answer MCQs. Up to 10 % unscored items can be added for pretesting purposes.

Passing Score:

The pass mark in the Final Written Examination will be determined according to the scientific standards and based on reliable practices in assessment.





Suggested References:

- Flint PW, Haughey BH, Lund VJ, et al. Cumming's Otolaryngology–Head and Neck Surgery. 5th ed. Philadelphia, PA: Mosby; 2010.
- Gleeson MJ, ed. Scott-Brown's Otolaryngology, Head and Neck Surgery. 7th ed. London, England: Hodder Arnold; 2008.
- Johnson JT, Rosen CA, eds. Bailey's Head and Neck Surgery–Otolaryngology. 5th ed. Baltimore, MD: Lippincott Williams and Wilkins; 2006.
- Bailey BJ, Calhoun KH. Atlas of Head and Neck Surgery – Otolaryngology. 2nd ed. Baltimore, MD: Lippincott Williams and Wilkins; 2001.
- Myers EN. Operative Otolaryngology: Head and Neck Surgery. 2nd ed. Philadelphia, PA: Saunders; 2008.
- Pasha R, Golub JS. Otolaryngology Head and Neck Surgery: Clinical Reference Guide. 4th ed. San Diego, CA: Plural Publishing; 2013.
- Lee KJ, ed. Essential Otolaryngology: Head and Neck Surgery. 10thed. New York, NY: McGraw-Hill; 2012.
- Maran AGD, Stell PM. Clinical otolaryngology. Oxford, England: Blackwell Scientific Publications; 1979.
- Professionalism and Ethics, Handbook for Residents, Practical guide, Prof. James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaiath MA Hussein, Prof. Omar Hasan Kasule, SCFHS, Latest Edition.
- Essentials of Patient Safety, SCHS, Latest Edition.

Note:

This list is intended for use as a study aid only. NIHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.





Blueprint Outlines:

No.	Sections	Percentage
1	Basic Clinical Science ¹	13%
2	General and Emergency	20%
3	Head and Neck	12%
4	Otology / Aud	12%
5	Neurotology	5%
6	Rhinology and Allergy	12%
7	Pediatric and Laryngology	18%
8	Plastic / Reconstruction	8%
Total		100%

Notes:

- **¹Basic Clinical Science:** includes Critical care, Microbiology, Surgical Pathology, Surgical Anatomy, Basic Surgical Principle, Operative technology, Outcome research and Evidence based Medicine, Genetics in Otolaryngology, etc.
- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the website for the most up-to-date information.
- Research, Ethics, Professionalism, and Patient Safety are incorporated within various domains.





Example Questions

EXAMPLE OF K2 QUESTIONS

Question 1

A 23-year-old woman undergoing laparoscopic cholecystectomy, the procedure was uneventful, extubated, shifted to the recovery room in which she started to become anxious, tachycardic, febrile, and confused. ECG showed AF1. In addition, examination revealed signs of exophthalmos. Supportive measures to control fever and restore intravascular volume initiated.

Which of the following is the most appropriate to be administered?

- A. Dantrolene
- B. Propylthiouracil
- C. Phenoxybenzamine
- D. Reversal of muscle relaxant

