



NIHS RESIDENCY TRAINING PROGRAM

Urology

Final Written Examination

Examination Format:

National Institute for Health Specialties NIHS (Emirate Board) final specialty written examination shall consist of two papers each with 100-125 Single Best Answer MCQs. Up to 10 % unscored items can be added for pretesting purposes.

Passing Score:

The pass mark in the Final Written Examination will be determined according to the scientific standards and based on reliable practices in assessment.





Suggested References:

- Campbell urology 12th edition.
- Professionalism and Ethics, Handbook for Residents, Practical guide, Prof. James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaiath MA Hussein, Prof. Omar Hasan Kasule, SCFHS, Latest Edition.
- Essentials of Patient Safety, SCHS, Latest Edition.

Note:

This list is intended for use as a study aid only. NIHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.





Blueprint Outlines:

No.	Sections	Percentage
1	Anatomy /pathophysiology ¹	5%
2	Basics of Urologic surgery	5%
3	Infections / inflammation	10%
4	Reproductive / sexual health	10%
5	Urine transport / storage and emptying	13%
6	Trauma/ Reconstruction	10%
7	Renal failure / urolithiasis ²	12%
8	Neoplasm / Molecular and cellular biology	12%
9	Prostate/Adrenal	11%
10	Pediatric Urology	12%
Total		100%

¹Anatomy / physiology & pathophysiology

²Renal failure / transplantation & urolithiasis

Notes:

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the website for the most up-to-date information.
- Research, Ethics, Professionalism, and Patient Safety are incorporated within various domains.





Example Questions

EXAMPLE OF K2 QUESTIONS

Question 1

A 65 year-old man presented to the Emergency Department with fever and painful left testicular swelling. He was started on antibiotics (see lab result and reports).

Blood pressure 124/70 mmHg
Heart rate 72 /min
Respiratory rate 18 /min
Temperature 38.6 °C

Test	Result	Normal Values
PSA	6.2	0–4 ng/L

Ultrasound Bladder: Post void residual 250 ml.

Urine Culture: E. coli

What is the most appropriate further management?

- A. TURP
- B. Alpha-blocker
- C. Urethral catheter
- D. Suprapubic catheter

EXAMPLE OF K1

Question 2

What is the prevalence of renovascular hypertension as a percentage of the entire hypertensive population?

- A. 5
- B. 10
- C. 15
- D. 20

