



NIHS FELLOWSHIP TRAINING PROGRAM

PEDIATRIC ENDOCRINOLOGY

Final Written Examination

Examination Format:

National Institute for Health Specialties NIHS (Emirate Board) final specialty written examination shall consist of two papers each with 80-120 Single Best Answer MCQs. Up to 10 % unscored items can be added for pretesting purposes.

Passing Score:

The pass mark in the Final Written Examination will be determined according to the scientific standards and based on reliable practices in assessment.





Suggested References:

1. Pediatric Endocrinology Textbook, Mark Sperling.
2. Pediatric Practice: Endocrinology, Michael Kappy, David Allen, Mitchell Geffner.
3. Williams Textbook of Endocrinology, Wilson and Foster, Kronenberg.
4. Pediatric Endocrinology: A Clinical Handbook, Dennis M. Styne.
5. ISPAD Clinical Practice Consensus Guidelines 2022
6. Pediatric Endocrinology and Inborn Errors Of Metabolism. 2nd Edition. Kyriakie Sarafoglou, Georg F. Hoffmann, Karl S. Roth
7. Clinical Practice Guidelines, Endocrine Society. [Clinical Practice Guidelines | Endocrine Society](#)
8. American Thyroid Association® (ATA) Guidelines. [ATA Guidelines & Statements \(thyroid.org\)](#)

Note:

This list is intended for use as a study aid only. NIHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.

Blueprint Outlines:

No.	Sections	Percentage
1	Carbohydrate Metabolism	20%
2	Bone and Mineral Metabolism	10%
3	Thyroid Disorders	11%
4	Adrenal Disorders	12%
5	Puberty and Reproductive Endocrine Disorders	12%
6	Pituitary/Hypothalamus	12%
7	Growth	12%
8	Other Hormones ¹	6%
9	Obesity	5%
Total		100%

- **¹Other Hormones:** includes multiple endocrine neoplasms and polyglandular disease, lipoproteins, lipids and methods.





Notes:

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the website for the most up-to-date information.
- Research, Ethics, Professionalism, and Patient Safety are incorporated within various domains.

