المعهد الوطني للتخصصات الصحية National Institue for Health Specialities



Guideline for Providing Evidence in NIHS Internship Program Accreditation Service

Version 1

National Institution for Health Specialties

United Arab Emirates

June 2024

About the National Institute for Health Specialties

The National Institute for Health Specialties (NIHS) was established by Cabinet Decree No. 28 of 2014. It serves as a national institution responsible for leading, regulating, and organizing professional development for the health workforce, with a particular focus on specialty training.

Mandate and Key Functions

The NIHS is authorized to accredit hospitals and health institutions to host specialty programs that lead to postgraduate qualifications. Its primary functions include:

- **Setting Standards**: Establish standards for specialty health programs and accreditation criteria for institutions and programs.
- Institutional Evaluation: Evaluate and approve healthcare institutions for delivering specialty training.
- Accreditation: Accredit hospitals, medical centers, and specialty programs.
- **Curriculum Approval**: Approve specialty training curriculums in the UAE.
- **Program Approval**: Approve internship, residency and fellowship programs.
- **Examinations**: Conduct specialized professional examinations adhering to international standards.
- Certification: Issue certificates for higher health specialties (board and fellowship).
- Continuing Education: Approve standards for continuing medical education and continuing professional development programs in health specialties.
- Admission Standards: Develop admission standards and conduct admission exams for specialty training programs.
- **National Registry**: Establish a national registry for all health specialties and qualifications within the country.

The NIHS is dedicated to developing a highly qualified health workforce capable of supporting the health system and promoting health and wellbeing.







For more information about the *Guidelines for Evidence in the NIHS Internship Program* Accreditation Services, please contact:

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ABBREVIATIONS

TERM	DEFINITION
NIHS	National Institute for Health Specialties
DIO	Designated Institutional Official
PD	Program Director
APD	Associate Program Director
ССС	Clinical Competency Committee
PEC	Program Evaluation Committee
GMEC	Graduate Medical Education Committee
FTE	Full Time Equivalent
PLA	Program Letter of Agreement
APE	Annual Program Evaluation Report

Introduction

The National Institute for Health Specialties (NIHS) produces this document as part of its role in accrediting residency, fellowship and internship training programs. According to Cabinet Decree No. 28 of 2014, the NIHS is mandated to accredit hospitals and health institutions to host specialty programs leading to postgraduate qualifications. This document is designed to assist institutions and programs in preparing their accreditation applications and gathering the necessary information and documentation for accreditation.

Purpose

This document provides guidance for institutions and programs pursuing NIHS accreditation for their medical or dental internship programs. It details the required evidence to be included with the accreditation application to demonstrate compliance with NIHS standards.

How to Use This Document

This document serves two primary purposes:

- 1. For Sponsoring Institutions (SI): This document assists institutions in obtaining accreditation for their medical or dental internship programs. Institutions can use it as a reference to comprehend the necessary evidence for submitting their accreditation applications to NIHS.
- 2. For NIHS Accreditation Apparatus and Surveyors: It serves as a benchmark for evaluating Internship accreditation applications, guiding surveyors during site visits, and informing accreditation decisions.

Structure of Internship Program Accreditation Requirements

The NIHS Internship Program Accreditation Requirements are structured into a hierarchy of domains, components, and specific requirements. The domains, representing the core pillars of medical or dental internship training, consist of various components that encompass different subsets or functions within each domain. These components are further broken down into specific requirements that programs must meet to attain accreditation for training purposes.

Note: The NIHS internship program accreditation requirements encompass both institutional and program-specific criteria, enabling institutions to be officially accredited

by NIHS to offer internship programs. There is no need to apply for institutional accreditation services unless you intend to offer residency or fellowship programs.

Below is the list of requirements along with the evidence guidelines:

Domain 1: Governance

Component 1.1. Governance Structures

Accreditation Requirements	Evidence guidelines
 1.1.1 The program is sponsored by an institution accredited by or in compliance with NIHS standards. 1.1.2 A primary clinical site is designated by the sponsoring institution. 	 A copy of the NIHS institutional accreditation certificate (if the institution is already accredited by NIHS to offer residency or fellowship programs). A formal written agreement or contract between the sponsoring institution and the clinical site outlining the terms of the partnership. Documentation indicating the clinical site's accreditation or certification status, if
	 applicable. Site visit reports or evaluations conducted by the sponsoring institution or accrediting body. Letters of support from key stakeholders within the sponsoring institution and the clinical site.
1.1.3 Program Director (PD) appointed according to criteria and allowed the required full-time equivalent (FTE).	 Copy of PD appointment letter with allocated FTE signed by DIO/Equivalent. Note: FTE requirements must align with NIHS specialty program requirements.
1.1.4 Associate Program Director (APD) appointed according to criteria and allowed the required FTE. (if applicable in compliance with NIHS program size requirements).	 Copy of APD appointment letter with allocated FTE signed by DIO/Equivalent Note: FTE requirements must align with NIHS specialty program requirements.
1.1.5 Clinical Competency Committee (CCC) constituted according to criteria.	 CCC terms of reference signed by PD/DIO/ Equivalent. DEC terms of reference signed by DD/DIO/
1.1.6 Program Evaluation Committee (PEC) constituted according to criteria.	 PEC terms of reference signed by PD/DIO/ Equivalent.

Component 1.2. Governance Relationships

Accreditation Requirements	Evidence guidelines
1.2.1. Effective relationship of the PD/APD with the Designated Institutional Official (DIO) or equivalent.	 Meeting minutes or agendas indicating regular communication and collaboration between the PD/APD and the DIO. Records of joint initiatives or projects undertaken by the PD/APD and the DIO to improve program quality or address institutional needs. Any other relevant documentation demonstrating effective collaboration and mutual support between the PD/APD and the DIO or equivalent institutional official.
1.2.2. Program Letter of Agreement (PLAs) with participating sites in compliance with the NIHS requirements.	 Provide copies of valid PLA exists with each participating sites <i>PLAs should be</i>: Valid for 5 years period. Approved by the DIO. Specify the duration and content of the educational experience. State the policies and procedures that will govern intern education during the assignment. Identify the faculty members who will assume educational and supervisory responsibility for interns. Specify the responsibilities for teaching, supervision, and formal evaluation of interns. Signed by both authorized official persons.
1.2.3. Effective relationship among participating sites.	 Documentation of regular communication channels established between participating sites, such as meeting minutes, emails, or newsletters. Documentation of formal agreements or contracts outlining the responsibilities and expectations of each participating site in the collaboration.

 Evidence of shared resources 	or
coordinated efforts among participati	
sites to address common challenges	or
achieve shared goals.	

Component 1.3. Governance Processes

Accreditation Requirements	Evidence guidelines
1.2.1. Policies and procedures for internship in place and implemented.	 Written internship policies and procedures documentation such as handbook or manual. Staff training records on internship policies. Internship schedules, assignments, and evaluations documented.
1.2.2. Existing financial plan and budgeting for the program.	 Budget documents showing allocated funds for various aspects of the internship program, such as salaries, supplies, equipment, and administrative costs.
1.2.3. Functioning information system for the program.	 Documentation showing the implementation of an information system tailored for the internship program, such as software or databases.

Domain 2: Training Program

Component 2.1. Program Organization

Accreditation Requirements	Evidence guidelines
2.1.1. The sponsoring institution and its participating sites provide care in all major clinical specialties in accordance with NIHS requirements.	 Documentation of clinical services offered at the sponsoring institution and participating sites, including lists of specialties and subspecialties. Evidence of clinical rotations or clerkships available in various specialties for medical or dental trainees.
 2.1.2. Availability of optional rotations (electives) for interns in accordance with NIHS requirements. 2.1.3. The program monitors clinical rotations across all participating sites. 	 Block diagram/curriculum documents outlining the available elective rotations for interns. Records of interns participating in elective rotations, including dates, specialties, and duration. Documentation of elective rotation evaluations or assessments completed by interns and supervising faculty. Correspondence or agreements with affiliated institutions or clinical sites providing elective rotation opportunities. Documentation of a monitoring system or protocol outlining how clinical rotations are tracked and evaluated. Reports or assessments from supervisors or preceptors at participating sites regarding the supervision and progress of interns during clinical rotations. Documentation of communication channels established between PDs/ coordinators and site director to exchange
	information and address any issues related to clinical rotations.
2.1.4. Availability of healthy and safe learning and working environment in accordance with NIHS requirements.	 Workplace health and safety policies and procedures documentation. Staff training records on health and safety protocols.

2.1.5. The curriculum is structured, and rotation specified according to NIHS requirements.	 Incident reports and corrective actions documentation. Evidence of resources and facilities supporting a safe environment. Curriculum documents delineating program structure, rotation sequence, and duration. Copy of the block diagram.
2.1.6. The program integrates the following competencies into the curriculum: professionalism, patient care, medical knowledge, practice- based learning, communication skills, and systems-based practice.	 Incorporation of six competencies' goals and objectives into each rotation, aligning with the NIHS internship accreditation requirements within the curriculum.
2.1.7. The program runs didactic sessions for interns in accordance with NIHS requirements.	 Schedule or calendar of didactic sessions provided to interns, outlining topics, dates, and locations. Attendance records or sign-in sheets from didactic sessions, indicating participation by interns.
2.1.8. The program demonstrates evidence of scholarly activities with adequate resources deployed.	 Documentation of scholarly activities conducted by program faculty and interns, such as research projects, publications, presentations, or grants obtained. Evidence of access to research facilities, equipment, and support services necessary for conducting scholarly activities.

Component 2.2. Training Resources

Accreditation Requirements	Evidence guidelines
2.1.1 Availability of adequate educational resources for the program.	 List of educational resources available to learners, such as textbooks, online materials, and simulation equipment. Documentation of access to academic libraries, databases, and online journals relevant to the program's curriculum.
2.1.2 Adequate number and variety of patients.	 Patient census data indicating program's patient volume. Logs record a variety of cases encountered during training. Learners' feedback on patient case diversity. Documentation of patient demographics. Records of patient referrals or transfers. Correspondence with healthcare facilities on patient access.
2.1.3 Availability of resources for scholarly activities.	 Documentation of research facilities and dedicated spaces. Records of funding for scholarly activities. Inventory of research equipment and software. Institutional policies supporting scholarly activities.
2.1.4 Caring and motivating learning environment emphasizing collaboration and teamwork.	 Learner feedback on environment culture and collaboration. Surveys from learners, faculty, and staff on teamwork emphasis. Documentation of collaborative curriculum activities. Records of interdisciplinary meetings promoting teamwork. Mentorship or peer support programs for collaboration.

Component 2.3. Intern Evaluation

Accreditation Requirements	Evidence guidelines
2.3.1. Intern assessment system in place.	 Assessment system structure, methods, criteria, and frequency documentation. Intern performance assessment instruments records. Assessment schedules with timing. Faculty training on assessment tools. Intern assessment results and feedback records.
2.3.2. Interns are assessed after each rotation.	 Faculty end-of-rotation assessment records. End-of-rotation assessment schedules. Intern feedback on assessment procedures. Meeting minutes for assessment result review.
2.3.3. Formative assessment follows stipulated criteria	 Documentation of formative assessment criteria. Assessment records showing adherence to criteria. Feedback on assessment criteria clarity. Examples of aligned completed assessments.
2.3.4. Summative assessment system in place2.3.5. Summative assessment follows stipulated criteria	 Documentation of summative assessment system structure, methods, and frequency. Summative assessment instruments records.
stipulated criteria.	 Assessment schedules with timing. Faculty training on summative assessment tools. Summative assessment results and feedback records.

Domain 3: Interns

Component 3.1. Recruitment and Deployment

Accreditation Requirements	Evidence guidelines
2.3.1. Interns are appointed according to educational capacity and in line with the NIHS eligibility criteria.	 Documentation of program's capacity and list of active interns. Selection process records, including criteria and interviews.
2.3.2. Existence of 4 or more interns per year.	 List of active interns enrolled in the program
2.3.3. Existence of transparent deployment system.	 Documentation outlining the deployment process, including criteria for assignment and allocation of resources.
2.3.4. Procedure for transfer of interns in place and in line with NIHS requirements.	 Transfer process documentation including steps and criteria. Completed intern transfer records showing procedure adherence.
2.3.5. Induction process for interns in place.	 Documentation outlining the induction process, including orientation materials, schedules, and procedures. Records of intern attendance at induction sessions or events.
2.3.6. Changes in interns' complement are notified to NIHS.	 Documentation of notifications to NIHS on intern complement changes. Records of communication with NIHS on intern complement changes and responses.

Component 3.2. Competency Acquisition

Accreditation Requirements	Evidence guidelines
2.3.1. Interns' supervision follows	 Interns' supervisory policy.
stipulations in the NIHS requirements.	 Records of supervisory arrangements.
	 Intern feedback on supervision adequacy.
2.3.2. Rotations are structured with sufficient length to provide a quality educational experience for interns.	 Block diagram.
2.3.3. Equitable exposure to training experience.	 Documentation of the program's curriculum and rotation schedules, ensuring equal distribution of training opportunities across all interns.

2.3.4. Blend of supervised patient care	 Records of intern schedules, demonstrating
responsibilities, clinical teaching, and	the distribution of supervised patient care
didactic educational events for interns	responsibilities, clinical teaching sessions,
is appropriate.	and didactic educational events over time.
2.3.5. Interns with difficulties properly	 Documentation of coaching or remediation
coached.	plans developed for interns experiencing
	difficulties, outlining specific goals,
	strategies, and timelines for improvement.

Component 3.3. Training Procedures

Accreditation Requirements	Evidence guidelines
2.3.1. Procedures for intern promotion in place.	 Documentation outlining the criteria and process for intern promotion, including eligibility requirements and evaluation criteria. Records of promotion decisions, including documentation of evaluations, recommendations, and approvals by program administrators or supervising faculty.
2.3.2. Existing procedures for compliance and duty hours according to NIHS requirements.	Duty hours policy.Records of duty hours logged by interns.
2.3.3. Procedures for on-call arrangements in place and according to NIHS requirements	 Records of on-call assignments, including dates, times, and responsibilities assigned to interns.
2.3.4. Existence of structured hand-over processes to facilitate both continuity of care and patient safety.	 Documentation of structured hand-over processes including protocols and guidelines. Records of hand-over sessions showing patient information transfer (can be shown on site).
2.3.5. The program is in compliance with NIHS requirements for maximum clinical work, night float, and free time.	 Duty hour logs or records documenting interns' clinical work hours, night float shifts, and allocated free time.

Component 3.4.	Intern	Support	and	Growth
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Accreditation Requirements	Evidence guidelines
 2.3.1. Adequate access to learning resources and reference materials for interns. 2.3.2. Adequate access for resources and technical support for scholarly activities for interns. 	 Documentation of the learning resources available to interns, such as libraries, online databases, textbooks, and journals. Documentation of available scholarly resources like labs and databases. Records of intern resource usage for scholarly activities. Documentation of technical support
2.3.3. Procedures for intern	 services for scholarly work. Documentation detailing intern
representation and voice in place.	 representation procedures, including council or committee formation. Intern election or appointment records for peer representation in discussions. Documentation of routine meetings or forums for interns to express feedback.
2.3.4. Presence of other learners e.g., residents is supportive and does not compromise interns' education.	 Policy of managing other learners.
2.3.5. Policies and procedures for intern well-being, counselling, and support.	 Documentation detailing program policies for intern well-being, including counseling access and mental health procedures. Intern counseling and support service usage records, including appointments and feedback. Documentation of intern training sessions on well-being and stress management. Intern feedback on satisfaction with support resources and services provided by the program.
2.3.6. Secure procedures for complaints and grievances in place.	 Complaints and grievances policy.

Domain 4: Faculty and Administrative Staff Program

Component 4.1. Scope and Recruitment

Accreditation Requirements Evidence guidelines
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2.3.1. Right mix of the training team (faculty) observed.	 List of Faculty involve in teaching and supervision.
2.3.2. Existing process for faculty eligibility and selection in line with NIHS requirements.	 Faculty eligibility and selection criteria.
2.3.3. Procedure for role assignment and induction in place.	 Faculty induction schedule/program.
 2.3.4. Faculty numbers in line with the ratios stipulated by the NIHS requirements. List of faculty (including core faculty). List of active interns. Register active interns' details in RED 	
2.3.5. Core faculty adequate in number.	 List of core faculty. Register core faculty details in REDCap.
2.3.6. Program coordinator appointed and allowed adequate time for administrative duties.	 Program coordinator appointment letter.
2.3.7. Existence of program administration personnel according to needs.	 List of program administration personnel.

Component 4.2. Support and Growth of Training Team

Accreditation Requirements	Evidence guidelines
2.3.1. Provision for time, space, and	 Core faculty allocated FTE.
resources to support the role of	 List of teaching resources and equipment.
faculty and administration staff.	
2.3.2. Procedures for faculty and staff	 Documentation outlining the procedures for
safety and concern raising in place.	reporting safety concerns or incidents,
	including contact information for
	designated personnel or departments
	responsible for addressing such issues.
2.3.3. Existing faculty development	 Faculty development program.
program and compliance with	 Attendance records for faculty engagement.
scholarly activities in accordance with	
NIHS requirements.	
2.3.4. Fair treatment and appeal	 Documentation detailing grievance and
process in place for faculty and	appeal procedures, including steps and
administrative staff.	responsible parties.
	 Records of filed grievances or appeals from
	faculty and staff, including resolution
	documentation (can be shown on site).

Component 4.3.	Performance	Management of	Training Team

Accreditation Requirements	Evidence guidelines
4.3.1. Performance evaluation and appraisal for faculty and staff in place in line with NIHS requirements.	 Records of faculty evaluations.
4.3.2. Procedures for faculty role balance in relation to education and service.	 Documentation of faculty workload distribution, encompassing teaching assignments, administrative tasks, and service obligations. Documentation of policies or guidelines aimed at maintaining a balanced workload for faculty members between their educational and service responsibilities.
4.3.3. Faculty members demonstrate commitment and devote sufficient time for interns' education.	 Records of faculty members' involvement in educational activities such as teaching sessions, mentorship, and supervision of interns. Documentation of faculty members' participation in curriculum development, assessment design, and educational initiatives aimed at enhancing interns' learning experiences. Feedback or evaluations from interns regarding faculty members' accessibility, responsiveness, and effectiveness in supporting their education. Records of faculty members' attendance at educational meetings, workshops, or conferences relevant to interns' training.

Domian 5: Program Evaluation/ Quality and Patient Safety

Component 5.1. Program Evaluation

Accreditation Requirements	Evidence guidelines
4.3.1. Policy and procedures for	 Program Evaluation policy and procedures.
program evaluation in place.	 PEC meeting minutes.
4.3.2. Annual program evaluation	 Copy of Annual Program Evaluation Report
conducted in line with NIHS	(APE).
requirements.	

4.3.3. The annual program evaluation report is discussed with faculty and interns and shared with the DIO or equivalence.	 Meeting minutes or records documenting discussions held with faculty and interns regarding the program evaluation report. Correspondence or notifications sent to the DIO or equivalent regarding the sharing of the program evaluation report.
4.3.4. The PEC is functional with regular meetings and output.	PEC resolution.Records of PEC meeting minutes.
4.3.5. Program evaluation results are used for improvement of interns' education.	 Documentation of specific changes or improvements made to the program based on the findings of the program evaluation. Reports or summaries detailing how program evaluation results have influenced decision-making regarding interns' education.

Component 5.2. Quality Improvement

Accreditation Requirements	Evidence guidelines
4.3.1. System for internal quality improvement in place.	 Documentation detailing the structure, objectives, processes, and responsibilities of the internal quality improvement system. Records of program-initiated quality improvement activities, such as audits, assessments, and educational process reviews. Documentation of program changes or enhancements resulting from quality improvement efforts, including the reasons behind these changes.
4.3.2. Documentation and reporting system in place.	 Screenshots from reporting and documentation systems
4.3.3. Interns receive training and experience in quality improvement processes.	 Documentation of formal training sessions or workshops dedicated to quality improvement methods and principles provided to interns. Records of interns' participation in quality improvement projects or initiatives within the program.

4.3.4. Interns and faculty are involved	erns and faculty are involved • Records of interns and faculty's participation	
in quality improvement activities and	in quality improvement projects or	
reporting including access to data.	initiatives within the program.	

Component 5.3. Patient Safety

Accreditation Requirements	Evidence guidelines
5.3.1. The program follows the institutional patient safety policy and system.5.3.2. The program provides formal	 Copy of Patient safety policy. Description of the patient safety event reporting system, including processes and guidelines for interns to report events. Curriculum Documentation: Detailed
educational activities that promote patient safety-related goals, tools, and techniques.	 curriculum outlining specific educational activities focused on patient safety, including lectures, workshops, and seminars. Training Materials: Copies of training materials, such as presentations, handouts, and manuals, used in patient safety education. Attendance Records: Records of intern attendance at patient safety training sessions and educational activities.
5.3.3. Interns are involved in reporting patient safety events including disclosure of adverse events.	 Description of the patient safety event reporting system, including processes and guidelines for interns to report events. Records of patient safety events reported by interns, demonstrating their active involvement in the process.

Glossary of Terms

TERM	DEFINITION
Associate Program Director	The APD is the qualified person appointed when residents/fellows number exceeds 15 and designated with authority, responsibility, and resources to assist the PD.
Clinical Competency Committee	The specific committee appointed by the PD to assess and evaluate the performance of interns/residents/fellows within the specialty/subspecialty program.
Designated Institutional Official	The designated institutional official is the qualified person appointed by the sponsoring institution as authorized and responsible for leadership and management for all aspects pertaining to the internship, residency and fellowship training.
Faculty	The entire teaching workforce responsible for educating interns/residents/fellows.
Fellows	Individual candidates enrolled for training in a subspecialty program leading to fellowship qualification.
Interns	A medical/dental intern is a recent medical/dental school graduate undergoing their first year of postgraduate training.
Formative evaluation	Monitoring intern/resident/fellow training and providing ongoing feedback to improve learning.
Full Time Equivalent	The FTE refers to calculation of the time dedicated for internship/residency/fellowship training management or delivery as part of the full time allotted to work (ideally 40 hours per week).
Graduate Medical Education Committee	The committee appointed by the sponsoring institution to support the role of the DIO in overseeing all aspects pertaining to internship/residency/fellowship training.
Internal review	The internal evaluation conducted within the training program to identify and act on strengths and weaknesses/ areas for improvement of internship/residency/fellowship training.
Participating site	An organization (hospital, health center, health facility, etc.) which is providing educational experiences or educational assignments/rotations for interns/residents/fellows through arrangement with the sponsoring institution. A participating site can be within the sponsoring institution's country or international.
Program coordinator	The program coordinator is a qualified administrative staff member designated with authority to assist the PD in managerial and logistical coordination.

Program director	The program director (PD) is the qualified person designated with
	authority, responsibility, and accountability of managing and
	coordinating an internship or specific (specialty) residency/
	fellowship program.
Program Evaluation	The specific committee appointed by the PD to assess and
Committee	evaluate the whole business of the specialty program.
Residents	Individual candidates enrolled for training in a residency.
Sponsoring	The organization or entity (hospital, group of health facilities, a
institution	health department, a health system, etc.) that assumes the
	ultimate responsibility for an internship/residency/fellowship
	training experience. The sponsoring institution has the primary
	responsibility of applying for accreditation and committing
	resources and support to comply with accreditation
	requirements.
Summative	Evaluating interns'/residents'/fellows' learning by comparing
evaluation	performance against the goals and objectives of the program
	with the intent to make decisions about promotion or program
	completion.
Training center	The hospital or group of health facilities accredited to host
	internship/residency/fellowship training programs
Training environment	The diverse context for trainee development, including physical
5	locations, learning resources, clinical experiences, and
	institutional culture.
Training team	The totality of faculty and administrative personnel involved in
5	the delivery and coordination of actual internship/residency/
	fellowship training activities. Faculty represent the mainstay
	discipline-specific personnel entrusted with the supervision of
	trainees. Other faculty are personnel from other disciplines taking
	part in training activities. Administrative personnel include
	administrators, logistic staff, and secretaries.

References:

- 1. NIHS Program Accreditation requirements
- 2. NIHS Medical Internship Program requirements
- 3. NIHS Dental Internship Program Requirements.