



NIHS RESIDENCY TRAINING PROGRAM

Dermatology

Part One Examination

Examination Format:

National Institute for Health Specialties NIHS (Emirate Board) Part I Examination certificate shall consist of one paper with 150 Single Best Answer MCQs. Up to 10% unscored items can be added for pretesting purposes.

Passing Score:

The pass mark in the Part One Examination will be determined according to the scientific standards and based on reliable practices in assessment.





Suggested References:

1. Rook's textbook of dermatology, ninth edition
2. Dermatology by Jean L. Bolognia, third edition
3. Fitzpatrick's Dermatology in General Medicine, Eighth Edition
4. Lever's Histopathology of the skin, tenth edition
5. Comprehensive Dermatologic Drug Therapy by Stephen E Wolverton, third edition
6. Breakthrough research in basic science over the last 3 years
7. Professionalism and Ethics, Handbook for Residents, Practical guide, Prof. James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaiath MA Hussein, Prof. Omar Hasan Kasule, SCFHS, Latest Edition
8. Essentials of Patient Safety, SCHS, Latest Edition

Note:

This list is intended for use as a study aid only. NIHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.





Blueprint Outlines:

No.	Sections	Percentage
1	Anatomy, structure and development of skin	10%
2	Innate immune system related to dermatology	10%
3	Adaptive immune system related to dermatology	10%
4	Keratinocytes, epidermal and dermal –epidermal cohesion	5%
5	Dermal connective tissue and subcutaneous tissue	10%
6	Pigmentation	5%
7	Skin appendages	5%
8	Hair, nail and mucosa	5%
9	Neoplasms	10%
10	Genodermatosis	10%
11	Infectious and environmental	10%
12	Therapeutics	10%
Total		100%

Notes:

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the website for the most up-to-date information.
- Research, Ethics, Professionalism, and Patient Safety are incorporated within various domains.





Example Questions EXAMPLE OF K2 QUESTIONS

Question 1

A 24-year-old obese man presents with a brown, slightly scaling, macular eruption of the axillae, which was positive under Wood's light.

Which of the following is the most likely diagnosis?

- A. Candidiasis
- B. Erythrasma
- C. Inverse psoriasis
- D. Seborrheic dermatitis

EXAMPLE OF K1 QUESTIONS

Question 2

Which of the following types of laser's emission is characterised by absorption by water?

- A. Ruby
- B. Alexandrite
- C. Pulsed dye
- D. Erbium YAG

