



NIHS RESIDENCY TRAINING PROGRAM

Emergency Medicine

Part One Examination

Examination Format:

National Institute for Health Specialties NIHS (Emirate Board) Part I Examination certificate shall consist of one paper with 150 Single Best Answer MCQs. Up to 10% unscored items can be added for pretesting purposes.

Passing Score:

The pass mark in the Part One Examination will be determined according to the scientific standards and based on reliable practices in assessment.





Suggested References:

1. Rosen's Emergency Medicine - Concepts and Clinical Practice - Latest Edition
2. Tintinalli's Emergency Medicine: A Comprehensive Study Guide – Latest Edition
3. Roberts and Hedges' Clinical Procedures in Emergency Medicine - Latest Edition
4. Journal club articles
6. Professionalism and Ethics, Handbook for Residents, Practical guide, Prof. James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaiath MA Hussein, Prof. Omar Hasan Kasule, SCFHS, Latest Edition.
7. Essentials of Patient Safety, SCHS, Latest Edition.

Note:

This list is intended for use as a study aid only. NIHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.





Blueprint Outlines:

No.	Sections	Percentage
1	Cardiac	11%
2	Trauma	11%
3	Toxicology / Environmental	11%
4	Orthopedic / Musculoskeletal	7%
5	Head/ Eyes/ Ears/ Nose/ Throat	7%
6	Abdominal/ Gastrointestinal	7%
7	Obstetrics / Gynecology	6%
8	Neurology / Psychiatry	6%
9	Endocrine / Metabolic	6%
10	Thoracic / Pulmonary	5%
11	Hematology / Oncology	5%
12	Immune / Inflammatory	5%
13	Nephrology / Urology	5%
14	Dermatology / Cutaneous / Infectious Disease	8%
Total		100%

Note:

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time.
- See the website for the most up-to-date information.
- Exam may include resuscitation, critical care, and procedural skills in the various sections.
- Exam may include pediatric age groups and special populations (immunocompromised, solid organ transplant, combative & difficult patient, morbid obesity & others).
- Research, Ethics, Professionalism and Patient Safety are incorporated within the various domains





Example Questions

EXAMPLE OF K2 QUESTIONS

Question 1

A 55-year-old farmer with coronary artery disease presents with headache, leg cramps and nausea. He has been working for the past 2 days in the afternoon collecting dates from his palm trees. On examination he looks ill and has flushed dry skin.

Blood pressure	75/40 mmHg
Heart rate	125 /min
Respiratory rate	30 /min
Temperature	41.7o C
Oxygen saturation	94% on face mask

Which of the following is the best management?

- A. Ice packs
- B. Cooling blanket
- C. Immerse in cold water
- D. Mist water spray and fan

EXAMPLE OF K1

Question 2

Which of the following is most suggestive of a severe asthma exacerbation?

- A. O₂ saturation 92 % on room air
- B. Venous Blood Gas PCO₂ 45 mm Hg
- C. Inspiratory and expiratory wheezes
- D. Peak Expiratory Flow Rate 50% of predicted

