



NIHS RESIDENCY TRAINING PROGRAM

Obstetrics & Gynecology

Part One Examination

Examination Format:

National Institute for Health Specialties NIHS (Emirate Board) Part I Examination certificate shall consist of one paper with 150 Single Best Answer MCQs. Up to 10% unscored items can be added for pretesting purposes.

Passing Score:

1. The passing score is 65%.
2. If the percentage of candidates passing the exam before final approval is less than 70%, the passing score can be lowered by one mark at a time aiming at achieving 70% passing rate or a score of 60% whichever comes first. Under no circumstances, may the score can be reduced below 60%.





Suggested References:

- William Obstetrics by F. Gary Cunningham, Norman F. Gant, Kenneth J Leveno, Larry C. Gilstrap, III, John C. Houth, Katharine D. Wenstrom.
- Clinical Gynecologic Endocrinology and Infertility by Mac A. Fritz and Leon Speroff.
- Telinde's Operative Gynecology by Richard W. Te Linde, John D. Thompson.
- Comprehensive Gynecology by Morton A. Stenchever, William Droegemuller, Daniel R. Mishell, Arthur L. Herbst.
- Obstetrics : Normal & Problem Pregnancies by Steven G. Gabbe, Jennifer R. Niebyl, Joe Leigh Simpson
- Clinical Gynecologic Oncology by Philip DiSaia, William Creasman, Robert Mannel, D. Scott McMeekin, David Mutch
- Berek and Hacker's Gynecologic Oncology, by Jonathan S. Berek, Neville F. Hacker
- Williams Gynecology by Barbara L. Hoffman, John O. Schorge, Karen D. Bradshaw, Lisa M. Halvorson, Joseph I. Schaffer, Marlene M. Corton
- Pediatric and Adolescent Gynecology by Joseph S. Sanfilippo, David Muram, John Dewhurst, Peter A. Lee
- Maternal-Fetal Medicine by Robert K. Creasy, Robert Resnik, Jay Iams
- Professionalism and Ethics Handbook for Residents: A Practical Guide, by Prof. James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaiath MA Hussein, Prof. Omar Hasan Kasule, SCFHS, Latest Edition
- Essentials of Patient Safety: The first step to proper healthcare, SCFHS, by Abdulelah Alhawsawi, Salem Alwahabi, Ahmad Wazzan
- Introduction to Clinical Research for Residents, SCFHS, by Hani Tamim
- Evidence Based Medicine. How to Practice and Teach EBM by DI Sackett
- Users' Guides to the Medical Literature: A Manual for Evidence-Based Clinical Practice, by Gordon Guyatt, Drummond Rennie, Maureen O. Meade, Deborah J. Cook
- Clinical evidence-based guidelines of Saudi and international societies related to obstetrics and gynecology (e.g., ACOG, RCOG, SOGC, etc.)
- UpToDate website
- Communication Skills: Key to Understanding, by Dr. Fayza Rayes, SCFHS, 2016

Note:

This list is intended for use as a study aid only. NIHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.





Blueprint Outlines:

No.	Sections	Percentage
1	Anatomy	14%
2	Embryology/Genetics	10%
3	Physiology	12%
4	Biochemistry	8%
5	Pharmacology	10%
6	Pathology/Histology	10%
7	Microbiology/Immunology	10%
8	Endocrinology & Reproductive	12%
9	Normal Pregnancy (Fetal/Placental/Parturition)	14%
Total		100%

Notes:

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the website for the most up-to-date information.
- Research, Ethics, Professionalism, and Patient Safety are incorporated within various domains.

Example Questions





Example Questions

EXAMPLE OF K2 QUESTIONS

Question 1

A young hypertensive female presented with primary amenorrhoea. Physical examination reveals female external genitalia. Karyotype is XY (see lab result and report).

Test	Result	Normal Values
Potassium	2.3	3.5-5 mmol/L

Ultrasound

There is no uterus

What is the most likely diagnosis?

- A. 21-hydroxylase deficiency
- B. 11-B hydroxylase deficiency
- C. 17 a-hydroxylase deficiency
- D. 3-B hydroxylase deficiency

EXAMPLE OF K1 QUESTIONS

Question 2

Vertical transmission of Chlamydia is associated with which of the following neonatal infection?

- A. Skin rash
- B. Septicemia
- C. Conjunctivitis
- D. Gastroenteritis

