



NIHS RESIDENCY TRAINING PROGRAM

Ophthalmology

Part One Examination

Examination Format:

National Institute for Health Specialties NIHS (Emirate Board) Part I Examination certificate shall consist of one paper with 150 Single Best Answer MCQs. Up to 10% unscored items can be added for pretesting purposes.

Passing Score:

The pass mark in the Part One Examination will be determined according to the scientific standards and based on reliable practices in assessment.





Suggested References:

1. Basic and clinical science course by American academy of ophthalmology 2017/2018, 2019/2020.
2. Brad Bowling. Kanski's clinical ophthalmology. A systematic approach. Eighth edition.
3. Myron Yanoff, Jay Duker. Ophthalmology. Fifth edition.
4. David Hunter, Constance West. Last-minute optics.
5. Nika `Bagheri, Brynn Wajda. The Wills eye manual.

Note:

This list is intended for use as a study aid only. NIHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.





Blueprint Outlines:

No.	Sections	Percentage
1	Anterior segment (including Lens, Cornea, External eye, Optics, Refraction and Refractive surgery)	25%
2	Glaucoma	12%
3	Retina	14%
4	Paediatric Ophthalmology	18%
5	Oculoplastic	15%
6	Neuro-ophthalmology	10%
7	Uveitis	6%
Total		100%

Notes:

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the website for the most up-to-date information.
- Research, Ethics, Professionalism, and Patient Safety are incorporated within various domains.





**Example Questions EXAMPLE OF
K2 QUESTIONS
Question 1**

A 7-year-old girl who has had a renal transplant complains of a right-sided headache for 2 days. Examination reveals redness of her right forehead, right upper eyelid, and nose, with a few clear vesicles. Slit-lamp exam shows conjunctival hyperemia and superficial punctate keratitis.

Which of the following is the most appropriate management?

- A. Oral steroids
- B. Oral antivirals
- C. Topical steroids
- D. Topical antivirals

